

Monday	Group 1 (Years 4 & 5)	Group 2 (Years 6 & 7)	Group 3 (Years 8-10)	Group 4 (Years 11-13)
8.00am	Registration			
08.45am	Meet and Greet			
9.00am-10.00am	Warm up and conditioning class	Ballet class	Warm up and conditioning class	Contemporary
10.00am-11.00am	Ballet class	Jazz class	Contemporary	Hoop training
11.00am-12.00pm	Hoop Training	Contemporary	Jazz class	Ballet class
12.00pm-1.00pm	Lunch			
1.00pm-2.00pm	Grade 3 Modern	Grade 5 Modern	Ballet class	Acro
2.00pm-3.00pm	Choreography session	Conditioning class	Hoop Training	Advanced 1 Modern
3.00pm-4.00pm	Acro	Choreography session	Acro	Advanced 1 Modern
4.00pm-5.00pm	Free time			
5.00pm-6.00pm	Fun Swim		Optional Yoga/Pilates	
6.00pm-7.00pm	Supper (day student pick up at 7.00pm)			
7.00pm-8.00pm	Movie in Eaton Theatre		Fun Swim	
8.00pm-9.00pm	Boarding House for bed time		Movie in Jubilee Hall	
9.00pm-10.00pm			Boarding House for bed time	